

## Overview of Met Health Comprehensive Health Checkup and how Health Checkup helps you?



Met Health Comprehensive Health Checkup includes a unique diagnostic profile of tests for extensive health evaluation at an early age. It screens the most common health conditions related to thyroid, heart, liver, kidney, bones and blood. Additionally, it also tests for vitamins like Vitamin B12 and Vitamin D. You should get this package done if you are above 30 years of age and want a thorough evaluation of the overall health status of your body.

**Precautions** - Collect the urine sample in the sterile container provided by the phlebotomist. Allow a small stream of urine to flow by and then carefully hold the cup under urine. Make sure the cup doesn't come in contact with your skin.

Code	MPLI-001 : MET Health Basic
Count	Comprehensive Package Tests @ 999
1	Hemogram
2	Thyroid Profile Panel -1
3	Liver Function Test ( LFT )
4	Renal Function Test ( RFT )
5	Glucose - Fasting & Plasma
6	Urine Routine & Microscopy
7	Erythrocyte Sedimentation Rate
8	Lipid Profile -Mini : Cholesterol-LDL-HDL-Triglycerides

Code	MPLI-002 : MET Healthy Master
Count	<b>Comprehensive Package Tests @ 1499</b>
1	Hemogram
2	Thyroid Profile Panel -1
3	Liver Function Test ( LFT )
4	Renal Function Test ( RFT )
5	Glucose - Fasting & Plasma
6	Urine Routine & Microscopy
7	HBA1C Glycated Haemoglobin
8	Erythrocyte Sedimentation Rate
9	Vitamin -D Total -25 Hydroxy Plasma   Serum
10	Lipid Profile -Mini : Cholesterol-LDL-HDL-Triglycerides

Code	MPLI-003 : MET Health Comprehensive
Count	<b>Comprehensive Package Tests @ 1999</b>
1	Hemogram
2	Electrolytes
3	Creatinine Serum
4	Calcium Total Serum
5	Iron Studies   Serum
6	Uric Acid Serum
7	Thyroid Profile Panel -1
8	Liver Function Test ( LFT )
9	BUN Urea Nitrogen Serum
10	Glucose - Fasting & Plasma
11	Urine Routine & Microscopy
12	HBA1C Glycated Haemoglobin
13	Erythrocyte Sedimentation Rate
14	Microalbumin   Creatinine Ratio Spot
15	Vitamin -B12 Cyanocobalamin Serum
16	Vitamin -D Total -25 Hydroxy Plasma   Serum
17	Lipid Profile -Mini : Cholesterol-LDL-HDL-Triglycerides

**Met Health Comprehensive Health Checkup: Total (76 tests)**

- **Thyroid profile Total (includes 3 tests)** –Thyroxine – Total - Triiodothyronine Total - Thyroid - Stimulating Hormone
- Glycosylated Hemoglobin

- **Liver Function Test (includes 10 tests)** -Aspartate Aminotransferase - Protein Total, Serum - (includes 3 tests) - Bilirubin (Total, Direct and Indirect) (includes 3 tests) - Gamma Glutamyl Transferase - Alanine Transaminase - Alkaline Phosphatase
- Glucose – Fasting & Plasma - Average Glucose (For last 60 - 90 days)
- **Urine Routine & Microscopy (includes 12 tests)** - Specific Gravity – Nitrite – Colour – Casts - Epithelial Cell - Glucose - Fasting Urine - Protein Urine - Ph for Urine – Ketone - Appearance – Crystals – Urobilinogen - Microalbumin Urine - Albumin/Creatinine Ratio Urine
- Erythrocyte Sedimentation Rate
- **Lipid Profile (includes 8 tests)** - Cholesterol – LDL - Total Cholesterol/HDL Cholesterol Ratio - Cholesterol – HDL - LDL/HDL Ratio – Triglycerides - Cholesterol – Total - Non HDL - Cholesterol - Very Low Density Lipoprotein
- **Iron Studies (includes 3 tests)** - Iron Serum - Serum Transferrin - Total Iron Binding Capacity - Unsaturated Iron Binding Capacity
- **Serum Electrolyte (includes 3 tests)** – Chloride – Potassium - Sodium
- **Complete Blood Count (includes 22 tests)** - Total Leucocyte Count – Hemoglobin - RDW CV - RDW SD -Red Blood Cell Count - Mean Corpuscular Volume - Mean Corpuscular Hemoglobin - Mean Corpuscular Hemoglobin Concentration - Mean Platelet Volume – PDW - Absolute Leucocyte Count (includes 5 tests) - Platelet Count - Differential leucocyte Count (includes 5 tests) - Packed Cell Volume
- Uric Acid
- Creatinine - Spot
- Vitamin B12 & Vitamin D (25-OH)
- Calcium
- BUN Random

**Fever Screening Panel Basic Health Package– by MyPathLabIndia**



Fever is common but the cause of it can be different & identification is important for a complete treatment. Fever Package will help in figuring the root cause and the change in the blood picture. This test includes 48 parameters which have tests like Hemogram, Widal Profile and Malaria Parasite Detection.

Some common diseases caused by viruses are dengue, chikungunya, influenza or common cold, hepatitis A, B or C, Herpes simplex or zoster, Rubella and COVID19.

Routine tests like CBC or CRP cannot accurately confirm whether an infection is viral or bacterial. Researchers are going on studies of gene expression or Complement factor and cytokines.

Some tests that can show infection - CBC with ESR, CRP (can show high TLC or high CRP in infection with high ESR), ASO titre (which is raised in streptococcal infection), LFT, KFT must be done if a person is sick as that can show biochemical changes, for STIs (sexually transmitted infection -HIV, HBSAG, VDRL, Herpes IGM).

Viral fever can be identified by the following tests: CBC, Dengue NS1, Dengue IGM, Chikungunya Virus IGM, and since we are in a pandemic of covid 19 if symptoms like fever, cough sore throat is followed by breathlessness then COVID-19 RT PCR should also be advised.

You can choose Fever Package available in Delhi or other packages better suited for you to keep your health in check.

Code	MPLI-004 : FEVER Health Basic
Count	Comprehensive Package Tests @ 799
1	Haemogram
2	ESR Automated Blood
3	Malaria Parasite Detection by Smear Examination
4	Typhi Dot IGM Antibody for Typhoid Serum
5	Widal Test for Typhoid
6	Urine Routine & Microscopy

### Complete Hemogram – 25 Count

Blood - Absolute Basophils Count | Absolute Eosinophil Count | Absolute Lymphocyte Count | Absolute Monocyte Count | Absolute Neutrophil Count

ESR Automated | Hemoglobin HB | MCH | MCHC | MCV | MPV Mean Platelet Volume | PCV | Haematocrit | Platelet Count Thrombocyte count | WBC-Total Counts Leucocytes | RDW (Red Cell Distribution Width) | Neutrophils | Eosinophils | Lymphocytes | Monocytes | Basophils | RDW-CV MENTZER INDEX9MCV/RCC | Red Blood Cells – Blood | RDWI | GK Index

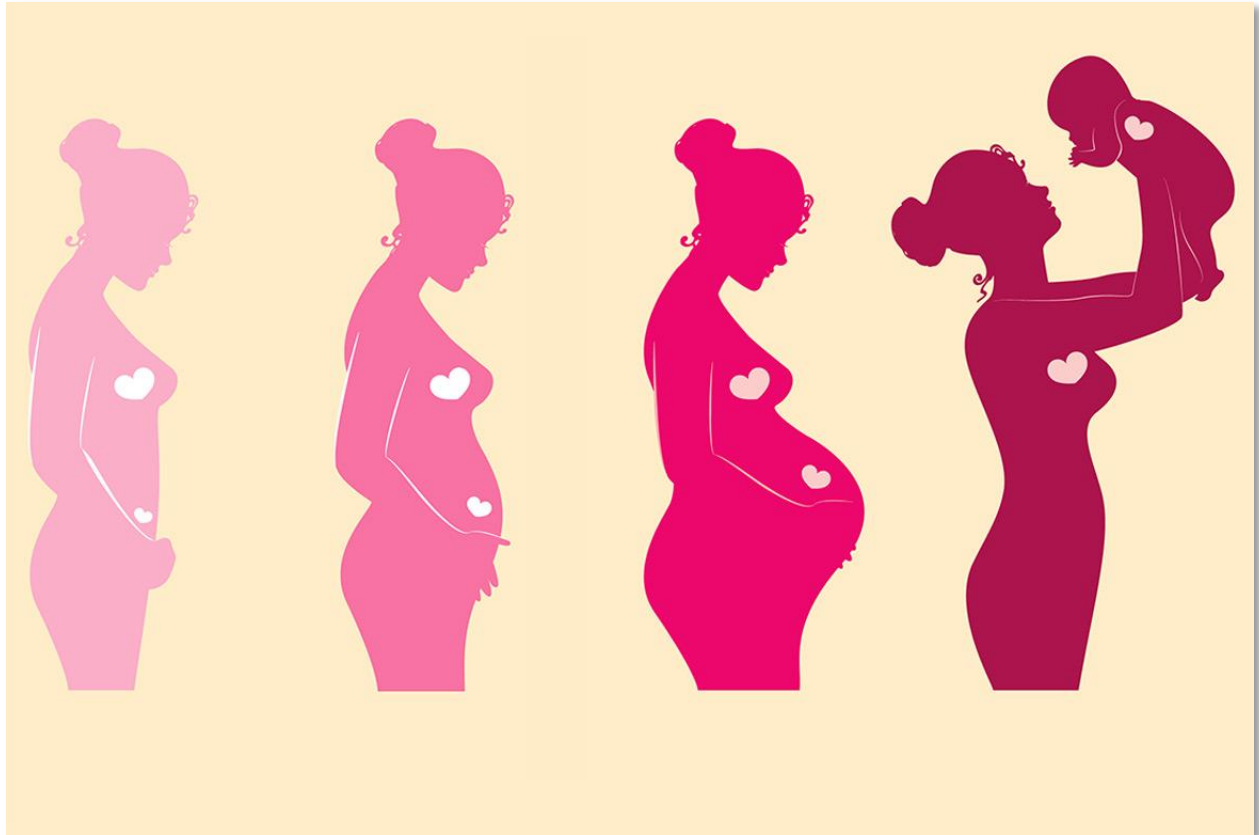
### Urine Routing & Microscopy – 18 Count

PH Urine | Specific gravity | Urobilinogen | Colour | Transparency | Albumin | Sugar | Blood | Red Blood | Cells | Pus cells (Leukocytes) | Epithelial cells | Crystals | Cast | Bacteria | Yeast Cells | Nitrate | Others – Urine | Volume – Urine

**Widal Profile – 4 Count :** Typhi O | Typhi H | Typhi AH | Typhi BH

**Malaria Parasite detection by Smear examination – 1 Count**

### Antenatal Care – by MyPathLabIndia



Antenatal care is essential for protecting the health of women and their unborn children. Through this form of preventive health care, women can learn from skilled health personnel about healthy behaviors during pregnancy, better understand warning signs during pregnancy and childbirth, and receive social, emotional and psychological support at this critical time in their lives. Through antenatal care, pregnant women can also access micronutrient supplementation, treatment for hypertension to prevent eclampsia, as well as immunization against tetanus. Antenatal care can also provide HIV testing and medications to prevent mother-to-child transmission of HIV. In areas where malaria is endemic, health personnel can provide pregnant women with medications and insecticide-treated mosquito nets to help prevent this debilitating and sometimes deadly disease.

#### Routine antenatal tests

Weight and height. You will be weighed at your booking appointment, but you won't be weighed regularly during your pregnancy. ...

Ultrasound scans | Urine | Blood pressure | Blood tests | Cervical Screening Test | Group B streptococcus

Code	MPLI-005 : Antenatal Care Health Basic
Count	Comprehensive Package Tests @ 1399
1	Haemogram
2	Blood Group
3	TSH - Thyroid Stimulating Hormone
4	VDRL - Venereal Disease Research Laboratory
5	HIV - Human Immunodeficiency Virus
6	HBSAG - Hepatitis B Surface Antigen
7	HCV - Rapid - Hepatitis C Virus
8	Urine Routine & Microscopy

#### Antenatal Basic Test with 54 Tests

(CBC, Blood Group, BSR, HIV, HBSAG, HCV (Rapid), VDRL, TSH, Urine R/M, HbA1c )

Code	MPLI-006 : Antenatal Care Health Advance
Count	Comprehensive Package Tests @ 1799
1	Haemogram
2	Blood Group
3	TSH - Thyroid Stimulating Hormone
4	VDRL - Venereal Disease Research Laboratory
5	HIV - Human Immunodeficiency Virus
6	HBSAG - Hepatitis B Surface Antigen
7	HCV - Rapid - Hepatitis C Virus
8	Urine Routine & Microscopy
9	HPLC - High Pressure Liquid Chromatography



**MET HEALTH BASIC - MPLI-001**  
Comprehensive Package Tests @ 999

- 1 Hemogram
- 2 Thyroid Profile Panel -1
- 3 Liver Function Test (LFT)
- 4 Renal Function Test (RFT)
- 5 Glucose - Fasting & Plasma
- 6 Urine Routine & Microscopy
- 7 Erythrocyte Sedimentation Rate
- 8 Lipid Profile -Mini : Cholesterol-LDL-HDL-Triglycerides



**MET HEALTHY MASTER - MPLI-002**  
Comprehensive Package Tests @ 1499

- 1 Hemogram
- 2 Thyroid Profile Panel -1
- 3 Liver Function Test (LFT)
- 4 Renal Function Test (RFT)
- 5 Glucose - Fasting & Plasma
- 6 Urine Routine & Microscopy
- 7 HBA1C Glycated Haemoglobin
- 8 Erythrocyte Sedimentation Rate
- 9 Vitamin -D Total -25 Hydroxy Plasma | Serum
- 10 Lipid Profile -Mini : Cholesterol-LDL-HDL-Triglycerides



**MET HEALTH COMPREHENSIVE - MPLI-003**  
Comprehensive Package Tests @ 2199

- 1 Hemogram
- 2 Electrolytes
- 3 Creatinine Serum
- 4 Calcium Total Serum
- 5 Iron Studies | Serum
- 6 Uric Acid Serum
- 7 Thyroid Profile Panel -1
- 8 Liver Function Test (LFT)
- 9 BUN Urea Nitrogen Serum
- 10 Glucose - Fasting & Plasma
- 11 Urine Routine & Microscopy
- 12 HBA1C Glycated Haemoglobin
- 13 Erythrocyte Sedimentation Rate
- 14 Microalbumin | Creatinine Ratio Spot
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- 16 Vitamin -D Total -25 Hydroxy Plasma | Serum
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## **OUR POPULAR TESTS & PACKAGES**

Allergy Testing | Amylase Test | Anemia Test | Anti Hcv Test | Arthritis Test | Blood Test For Fever | Ca125 Test | CBC Test | Cholesterol Test | Dengue Test | Diabetes Test | Full Body Checkup | HbA1c Test | HbsAg Test | Hepatitis B Test | HIV Test | Hormone Test | Immunity Test | Iron Studies Test | Kidney Function Test | Lipid Profile Test | Liver Function Test | Malaria Test | Pancreatitis Test | PCOS Test | Pregnancy Tests | Pregnancy Checkup | PSA Test | STD Test | Stool Test | Sugar Test | Thyroid Test | Typhoid Test | Uric Acid Test | Urine Test | Vitamin B12 Test | Vitamin D Test | Vitamin Test

## **TEST BY RISKS**

Acidity | Allergy | Anaemia | Arthritis | Bone | Cancer | Diabetes | Digestion | Fatigue | Fever | Heart | Hepatitis | Hormones | Hypertension | Immunity | Infections | Jaundice | Joints | Kidney | Liver | Obesity | Pregnancy | STD | Thyroid | Vitamins

## **TEST BY HABITS**

Alcoholism | Anger | Eating Poorly | Heartburn | Junk Food | Low Iron Diet | Medicine Overuse | Poor Nutrition | Sleeplessness | Smoking | Stress | Zero Exercise

## **SURGERIES**

Piles Surgery | Anal Fistula Surgery | Anal Fissure Surgery | Pilonidal Sinus Surgery | Gallstones Surgery